



The Food Experience™

Bringing Together
Food, Family and Friends!™

Gourmet Gab

www.thefoodexperience.net

Families are Raving About Home-cooked Meals!

Since August 16th, families in the region are enjoying a hassle-free, stress-free and fresh way to serve up dinner nightly! The Food Experience™ has arrived and now families are armed with fresh meals made from scratch. The best part ... it's easy, it saves them time and it saves them money! Still curious? Check this out!

In about an hour our guests create multiple meals using fresh ingredients in our kitchen. That means:

- Less time spent pondering "What's for dinner?"
- Less time grocery shopping and fewer trips to the store
- Less waste from the items you buy, never use and feel guilty discarding
- No time washing, cutting and prepping for your meal
- Ready to cook meals made by you, on hand and ready to go when you are
- More time to spend on other important things in life (kids, family, friends, you)
- Satisfaction of knowing that you made tonight's meal
- Fresh ingredients and meals with superior taste

Ready for a home-cooked meal? Get started today ... it's simple!

- 1 visit www.thefoodexperience.net
- 2 Select a session time
- 3 Select your meals
- 4 Come in, customize your meals and have fun!
- 5 Go home, cook & enjoy!

October Menu
Now on-line!



The Food Experience™ kitchen is ready to help you tackle your dinner time and upcoming holiday needs!!

October Specials:

- No assembly fee on pick-up orders
- Get a free backpack with your purchase while supplies last (one per customer please)
- Start earning FREE meals with our new referral program
- Look for us at the Spring Valley YMCA on 10/30!

Need Help with Your Next Event?

The Food Experience™ is your answer to solving the nightly dinnertime dilemma. But did you know it's also the answer to any celebration that *brings together food, family and friends*™?

It's a great way to get you ready for any special event. You come to our kitchen, prepare your food items, and leave the mess!

Ways to use us:

- ✓ Nightly Dinner
- ✓ Birthday Party
- ✓ Holiday Entertaining
- ✓ Special Meals
- ✓ Dinner Party
- ✓ Anniversary Party
- ✓ Christening/Baptism
- ✓ Confirmation
- ✓ Graduation Party

Dinner: customize meals for your family with no stress, no mess and less time.

Entertaining: whether it's an informal get together or formal dinner party, we can help! We help you plan a menu that fits your function, budget, space and guests!

Celebrations: Any type of party and guests of all ages.

To find out more stop in or visit us at www.thefoodexperience.net

A Gobble, Gobble, Good Deal!

For those who cook:

Make Turkey Day easy this year— enjoy the day and your guests by saving your-self time, money and the mess! Starting on October 2nd we are accepting reservations for our Thanksgiving sessions!

Space is limited, so schedule now to reserve your spot and ensure that you can use our kitchen for your dinner preparation!

For those who don't:

Hosting but don't want to cook? Or need a dish to bring to your destination? We'll prepare it for you! Spaces are limited so be sure to reserve now!

Here's a sneak peak at our Thanksgiving Day menu!

Visit www.thefoodexperience.net for full details!

Fresh or Frozen Turkey (you decide)

Create your own stuffing bar: We start with fresh bread as the base for your culinary experience you select any of these fresh ingredients to make your masterpiece: thyme, celery, parsley, sausage, cranberries, rosemary, raisins, apples, walnuts, cinnamon, onion, and sage.

Pasta bar: Featuring lasagna made with our home-made marinara sauce and choice of fillings.

Gourmet Mashed Potatoes Bar: Whipped red bliss potatoes set the stage for your creativity. Fresh ingredients to mix in include: roasted garlic and shallots, parsley, chives, bacon, herbs, and goat cheese

Sweet Potatoes: Choose from roasted honey glazed sweet potatoes, branded pecan sweet potatoes or candied yams

Vegetables: Choose from green bean almandine, glazed baby carrots, deb's famous corn casserole and baked cinnamon apples

Breads: (pick up only) Choose from Mom's moist pumpkin bread or fresh dinner rolls

Sauces: Top off your meal with any of these spectacular sauces: mandarin orange cranberry sauce, old-fashioned cranberry sauce, cranberry relish, turkey gravy

Desserts: (pick up only) Choose from an assortment of pies that pack tons of fruit, flavor and taste!

MARK YOUR CALENDAR!

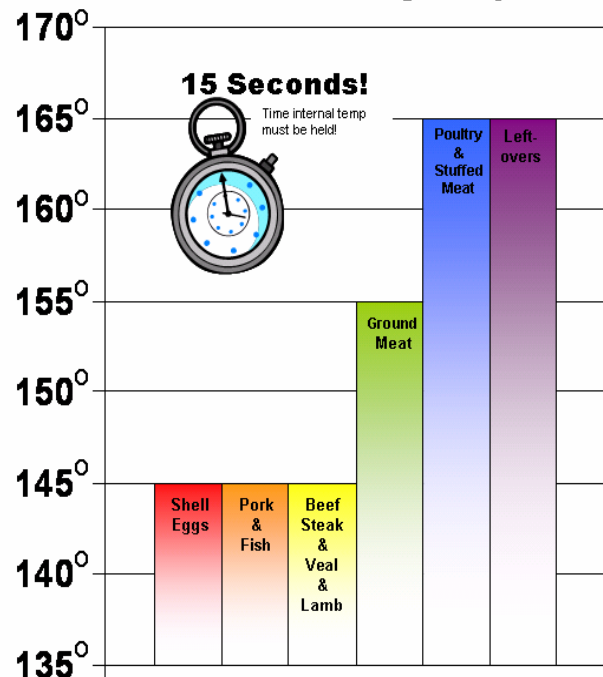
- 1 Reserve your place in our Thanksgiving session by November 9th.
- 2 Place your Thanksgiving order by November 13th to confirm your place and reserve your FRESH Turkey.

Go to www.thefoodexperience.net/thanksgiving for details

Good To Know¹

According to the CDC, an estimated 76 million people will get a foodborne illness this year. So, serve it safe! Be sure to cook your meals to these specifications and protect yourself and your family from illness!

Minimum Internal Cooking Temperatures



Food Safety Forum²

Whether you're a leftover lover or more the take-out type,
HEAT, EAT and REPEAT!

- 36% of people admit to eating leftover pizza from the night before ... even if it hasn't been refrigerated! Pizza follows all other perishable rules—if it's been sitting at room temperature for more than 2 hours, toss it!
- Nearly 40% of restaurant visitors leave with a doggie bag. If you too enjoy leftovers, be sure to mark your meal! Write the date of your visit and be sure to discard the leftovers within three to five days.
- Dinner, a movie and leftovers! Never let leftovers sit in your car! If you aren't able to refrigerate leftovers immediately ... pass on the doggie bag.
- 97% of leftover lovers do not use a thermometer to ensure doneness of foods. Next time you reheat, use a thermometer to make sure food reaches the proper internal temperature of 165 degrees before you enjoy!

Coming Soon! The Food Experience™ Holiday Menu!

Get ready for Christmas, Hanukkah and New Years with dinner party eats and entertaining treats! Our new holiday menu is coming. We are running special menus and sessions to help you tackle the season! Space is limited for our special Thanksgiving, Christmas and hors d'oeuvres sessions, so reserve a spot today! See the website for details or stop in and see us.

Family Matters³

Managing Food Allergies ...

According to supermarketguru.com more than 11 million Americans suffer from food allergies and predictions are that the incidence of food allergies is on the increase!

At The Food Experience™ we understand what you are up against while trying to manage and protect your family. We know that for family's with allergies some of life's simple pleasures are life's biggest scares. Sleepover's aren't safe, birthday celebrations are concerning, trips to restaurants can be alarming and the upcoming holidays are stressful. We'd like to help aid in communicating critical information to your family, friends and those who can help protect your loved ones.



Supermarketguru.com has recently launched an easy way for you to document and communicate this critical information. Visit www.thefoodexperience.net for a link to the Food Allergy Buddy™ program which allows you an opportunity to provide details around the food allergies that are potentially dangerous to your loved ones. Fill out your critical information, and you'll have a set of cards that can travel with you.

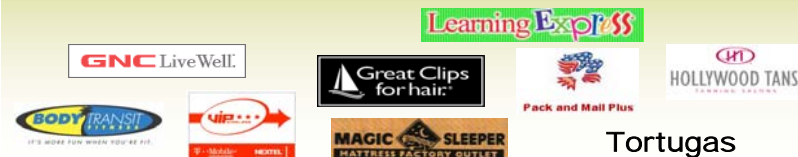
It's an easy way to communicate and keep this pertinent information at your fingertips! Keep it in your car, purse, family members coat or backpack. Keep the buddy card everywhere

and anywhere it will be convenient and accessible. Simply provide the card to those who can help protect your family member. It's another way to ensure their safety.

With the buddy card, you can quickly and accurately provide the critical information that is necessary to any individual in any situation. From our family to yours ... health and happiness always.

Family Fun Day at The Marketplace

Mark Your Calendar! Saturday, October 16th we're celebrating family! In fact, there are 10 of us! From 9 a.m. to 6 p.m. enjoy food, games, music and prizes! Stop into these participating retailers for information and a chance to enter the Family Fun Sweepstakes!



Tortugas

Store Hours:

Monday	9 a.m. — 8 p.m.
Tuesday	9 a.m. — 8 p.m.
Wednesday	9 a.m. — 8 p.m.
Thursday	9 a.m. — 8 p.m.
Friday	9 a.m. — 9 p.m.
Saturday	9 a.m. — 3 p.m.



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Notes and acknowledgements:
1. NSF
2. Pastor Training, Inc. / homesafety.com
3. supermarketguru.com